

MEAL PRICES:

Daily Lunch: \$2.90 (reduced \$.40)

Milk (only): \$.50

Breakfast:

Adult Meal Prices: \$2.00 (Breakfast)

\$4.00 (Lunch)

**Hebron Public Schools
Breakfast & Lunch Menu**

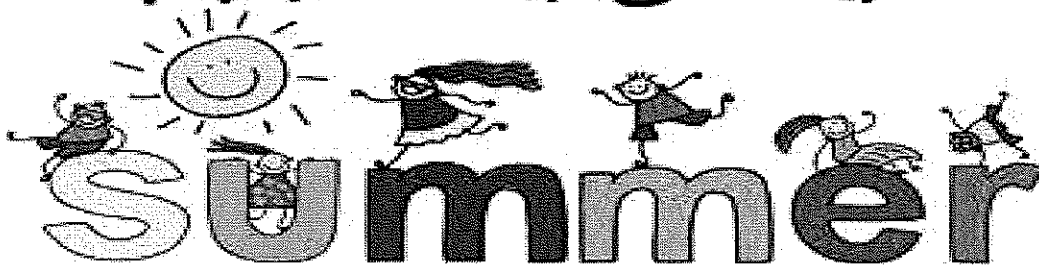
JUNE 2019

PLEASE SEE BACKSIDE FOR A BRIEF
NEWSLETTER & MORE MEAL
INFORMATION!

**ALL MEALS SERVED WITH A
CHOICE OF MILK, FRESH FRUIT
AND VEGGIES**

6/3	6/4	6/5	6/6	6/7
<p>Brunch For Lunch</p> <p>French Toast Sticks Sausage, Tater Tots And Fruit Juice</p> <p>HES FIELD DAY RAINDATE</p> <p><i>Alt 1: Tuna Boat</i> <i>Alt 2: Yogurt Fun Lunch</i></p>	<p>Chicken Patty or Spicy Chicken Patty</p> <p>Sweet Potato Fries Sweet Steamed Corn</p> <p><i>Alt 1: Tuna Boat</i> <i>Alt 2: Yogurt Fun Lunch</i></p>	<p>Turkey / Ham Sandwich</p> <p>Baby Carrots Apples Chips</p> <p><i>Alt : Yogurt Fun Lunch</i></p>	<p>Macaroni and Cheese</p> <p>Served with Assorted Fresh Fruits And Vegetables</p> <p><i>Alt 1: Tuna Boat</i> <i>Alt 2: Yogurt Fun Lunch</i></p>	<p>Pizza Day!!</p> <p>Served with Assorted Fresh Fruits And Vegetables</p> <p><i>Alt 1: Tuna Boat</i> <i>Alt 2: Yogurt Fun Lunch</i></p>
6/10	6/11	6/12		
<p>Chicken Nuggets</p> <p>Served with Assorted Fresh Fruits And Vegetables</p> <p><i>Alt : Yogurt Fun Lunch</i></p>	<p>Bosco Sticks</p> <p>Served with Assorted Fresh Fruits And Vegetables</p> <p><i>Alt : Yogurt Fun Lunch</i></p>	<p>EARLY DISMISSAL Pizza Day</p> <p>Served with Assorted Fresh Fruits And Vegetables</p> <p>Last Day of School! Happy Summer!</p> <p><i>Alt : Yogurt Fun Lunch</i></p>		

Have a great



*Menu subject to change without notice.

FOOD NEWS!

Free Summer Meals!
Comidas de Verano Gratis!

Kids and teens 18 and under
Niños y adolescentes de 18 años y menos

FOR SITES NEAR YOU, CALL/LLAME **211**
TEXT **CTmeals** TO **877877**
www.CTSummerMeals.org

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Breakfast

A complete breakfast includes; Whole Grain based Entrée, Milk, Fruit and/or 100% Fruit Juice.



Lunch

What does a complete hot lunch include?
Grain, meat/meat alternate, vegetable, fruit & milk
Students are encouraged to select all 5 components!
Lunch choices include: Fat Free or 1%

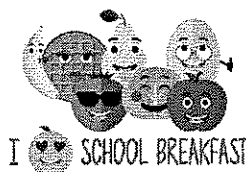
Regular Milk and fat-free chocolate

DAILY BREAKFAST CHOICES:

- **MINI WAFFLES (Monday)**
- **MINI PANCAKES (Tuesday)**
- **MUFFIN/PASTRY (Wednesday)**
- **MINI PANCAKES (Thursday)**
- **HAM, EGG & CHEESE SANDWICH (Friday)**
- **ASSORTED CEREAL (Daily)**

One Breakfast Choice per Day

HAM, EGG & CHEESE BREAKFAST SANDWICH – AVAILABLE ON FRIDAY ONLY



All Preschool meals include at least 6 oz. milk, ¼ cup vegetable, ¼ cup fruit, ½ slice or ½ serving of whole grains and 1 ½ oz. meat/meat alternate, ¼ cup egg or 6 oz. yogurt.

Are you interested in working in our cafeterias? Visit us online to find out more information!

<https://www.applitrack.com/hebron/onlineapp/JobPostings/view.asp?FromAdmin=true&AppliTrackJobId=221>

This Is an Equal Opportunity Institution

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