PreK At Home Learning Activities



Directions: Choose one activity from each area below to complete each day.

Literacy

Read a book together and talk about the characters and the setting	Make a snack with a grown up. Together make a list of the steps you followed and write a recipe to share with a friend.	Write the letters of your name on post-it notes or little squares of paper. Mix them up and then order them to spell your name	Pick a letter per day. Go on a treasure hunt around your house or yard to find items that begin with each letter.	Draw a picture for your teacher. Tell a story about your picture to an adult who can write it down.
Start a journal about your time at home. Draw pictures of the things you did and dictate a sentence or two about them to an adult.	Play a rhyming game – say a word and have your partner make a new word that rhymes	Choose a book to read. Then draw a picture of your favorite part of the story.	Clap out the syllables of the names of members of the family, friends, or other high interest words	Point out environmental print as you take a drive. Does your child recognize the sign for CVS, Dunkin Donuts, Subway, stop signs, and others?
Squirt shaving cream on a baking sheet and allow your child to form shapes and letters using their pointing finger.	Play a game. Gather a group of objects. Ask your child "which object begins with the sound /B/?" or "which object rhymes with?".	Act out a favorite classic story. Make stick puppets and scenery from recycled materials and tell the story. Three Pigs Billy Goats Gruff Three Bears	Make a list. You can choose to make a list of your favorite toys, characters from a show, grocery items you need etc.	Read 15 minutes each day.

Math

Set the table for your family – how many napkins do you need? forks?	Trace your shoe. Guess how many items (like pasta pieces, pennies or Legos) will cover the shape. Then try it. Count and write the number of items you needed.	Look around one room in your house. How many things can you find that include the shape of a square? Can you find at least 10?	Use stuffed animals to act out a story problem. For example, "There are 5 children on the bus. One got off the bus. How many children are left?"	Sort at least 10 items in your house by color, shape or size.
Count groups of items in your house (ex.: toy cars, cheerios, Legos).	Sort 10 items from your pantry/fridge into categories: healthy vs. treats	Compare objects by length, size and weight.	Identify an object's location using words like front, back, top, bottom, under, and over.	Have a grown up collect a set of items up to 20. Estimate how many are in the group.
Sort toys by type - action figures in one bin, toy vehicles in another, and so on.	Collect a group of items (buttons, legos, vehicles, doll shoes) Sort them, build a graph and tell a grown up about your graph. Which group has the most and which has the least? Are any groups equal?	Share a snack with someone you love. Make a fair share. Count the set and figure out how many (grapes) are left after each time you eat one.	Line up stuffed animals in a pattern - big, little, big, little, or teddy bear, other animal, teddy bear, other animal.	Sequence items by weight - gather a group of items including a range of weight and have your child line them up from lightest to heaviest.

Science/Social Studies

Draw a picture of your family	Help someone with a chore around the house	Look out your window and observe the weather. Draw a picture of what you see	Create an animal habitat with household materials.	With help from an adult, make a healthy snack to enjoy. Talk about what makes it a healthy choice.
Face time with a family/friend	Collect natural materials from outside - sort, construct, talk about color and texture	Make playdough 3 cups flour ½ cup salt 1 Tbls cream of tartar 2 cups boiling	Go on a hike- observe what you see, smell, and feel	Write an email to a friend or family member

		water 3 Tbls oil Food coloring -combine dry ingredients, add liquids and stir		
Set up a pretend store. Sell toys, shoes, books Price your items, make money from scrap paper, and open your store to your family. Make a cash register from recycled items.	Experiment with ramps. Collect a variety of items and roll or slide them down the ramp.	Read a book that takes place in another country. Find the country on a map.	Observe seasonal changes. Is there a tree you can see from your window or a garden that has perennials popping up? Take photos or draw pictures every few days to document changes.	Clip forsythia branches and bring them inside. Place them in a vase of water and watch the flowers bloom. Keep the branches in the vase and continue to observe for the leaves to emerge. How are the branches you brought inside different than the ones still on the bush? Draw a picture to record your observations.

Unified Arts

Let's get moving. Try jumping jacks, reaching up high and touching your toes, bouncing a ball, or jumping on one foot. Count as you go.	With help from an adult, log in to www.gonoodle.com and choose two of your favorite movement activities.	In your home find and sort objects that are Warm colors (red, yellow, orange) and Cool colors (Blue, Green, Purple).	With permission, go outside to look at your shadow. Then, go outside later in the day and see if you notice changes.	Ask a family member to share a favorite childhood book with you.
Go for a walk outside with a family member and talk about things you see along the way.	Ask an adult to play some music. Dance in and around your house, clap to the beat.	Paint or draw abstract art. Use lots of colors! What kind of lines and shapes can you draw in the artwork?	Use materials around your house to build a model habitat. Explain what kind of animal could live in there and why.	Build a reading fort, tent, or nook. Curl up inside it and read a favorite book to your pet or stuffed animal.

Social-Emotional

Social-Emotional
Talking to Children about COVID-19 -
Yoga and Mindfulness for Kids
Coping Skills
Facetime, Skype or call a family member or friend.
Write an email to your teacher!
Take a nap!
Go Noodle!