



# Hebron Public Schools



High Expectations, Bright Futures

*Administration Office*

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September 7, 2021

Dear Hebron Families and Educators,

**I am writing to inform you that at this time we are seeing a high number of COVID cases in staff and students. This is a similar level of infections as other high transmission periods like last January and April. The town and county are currently rated as code red, having a high infection rate. While we no longer send out daily letters regarding COVID cases, we do continue to maintain our [COVID-19 Dashboard](#) found on our website.** We eliminated the daily letters since those who are vaccinated no longer need to quarantine so long as they remain symptom free. We believe the dashboard provides the appropriate balance of sharing information with families and staff while ensuring privacy for individuals regarding vaccination status.

**We want to express our appreciation to all families and staff as we look to support those who need to quarantine due to close contact. We work after hours to ensure that proper safety measures are taken to quarantine students from impacted classes and buses. However, we are not always able to set up distance learning support until later the following day. The type of distance learning and support varies depending on the case and quarantine status of a child's class. We are all doing our best, and we know you are as well, to respond as quickly as we can. We thank you for your patience and cooperation. We highly recommend that all those in quarantine due to close contact obtain a COVID test. Please call 211 for assistance in obtaining testing resources or contact your school nurse.**

**As a reminder, families should not send a child to school if the child is sick or had contact with someone who is either presumed or confirmed positive for COVID-19.** If you are awaiting COVID-19 test results due to illness or contact with others, you must wait until these test results are in before sending your children to school. When in doubt, keep children at home and contact the school health office. Continue using the [GHSnurse@hebron.k12.ct.us](mailto:GHSnurse@hebron.k12.ct.us) and [HESnurse@hebron.k12.ct.us](mailto:HESnurse@hebron.k12.ct.us) email addresses to communicate directly with our nurses. You can also use our after-hours email address [COVID@hebron.k12.ct.us](mailto:COVID@hebron.k12.ct.us) to reach our team.

COVID-19 is spread mainly via person-to-person contact through contaminated air droplets from coughing and sneezing by an infected person. As with controlling the

spread of other viruses, we urge everyone to discuss the following preventative measures with your children and family members:

- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food. Using soap and hot water, wash for about 20 seconds. Be sure to also wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away. If you don't have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Maintain social distancing (at least 6 feet whenever feasible) between yourself and others when outside of your home.

Below is the list of COVID-19 symptoms for which everyone should monitor in their family members:

- Fever (100.4° Fahrenheit or higher)
- Chills or shaking chills
- Uncontrolled new cough (not due to other known cause, such as chronic cough)
- Difficulty breathing or shortness of breath
- New loss of taste or smell

As a reminder, we updated our [COVID Operations and Distance Learning Plan](#) using the [Updated Guidance for the Use of Mitigation Strategies in Connecticut's PreK-12 Schools](#) from the Connecticut State Department of Education. We will continue to send any updates to you promptly.

In partnership,



Thomas J. Baird, EdD  
Superintendent